



THE LODGE | MOUNTAIN WELLNESS RETREAT

Virgin LIMITED  
EDITION

THURSDAY 10 JULY - MONDAY 14 JULY 2025

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A full-page photograph of two women practicing yoga in a mountain landscape. They are in a wide-legged warrior pose with arms extended horizontally. The woman on the left is wearing a white tank top and dark pants, while the woman on the right is wearing a black tank top and black leggings. They are standing on a grassy hill with a backdrop of snow-capped mountains and a clear blue sky. The text 'MOUNTAIN WELLNESS RETREAT' and 'THE EXPERIENCE' is centered in the middle of the image.

MOUNTAIN WELLNESS RETREAT  
THE EXPERIENCE

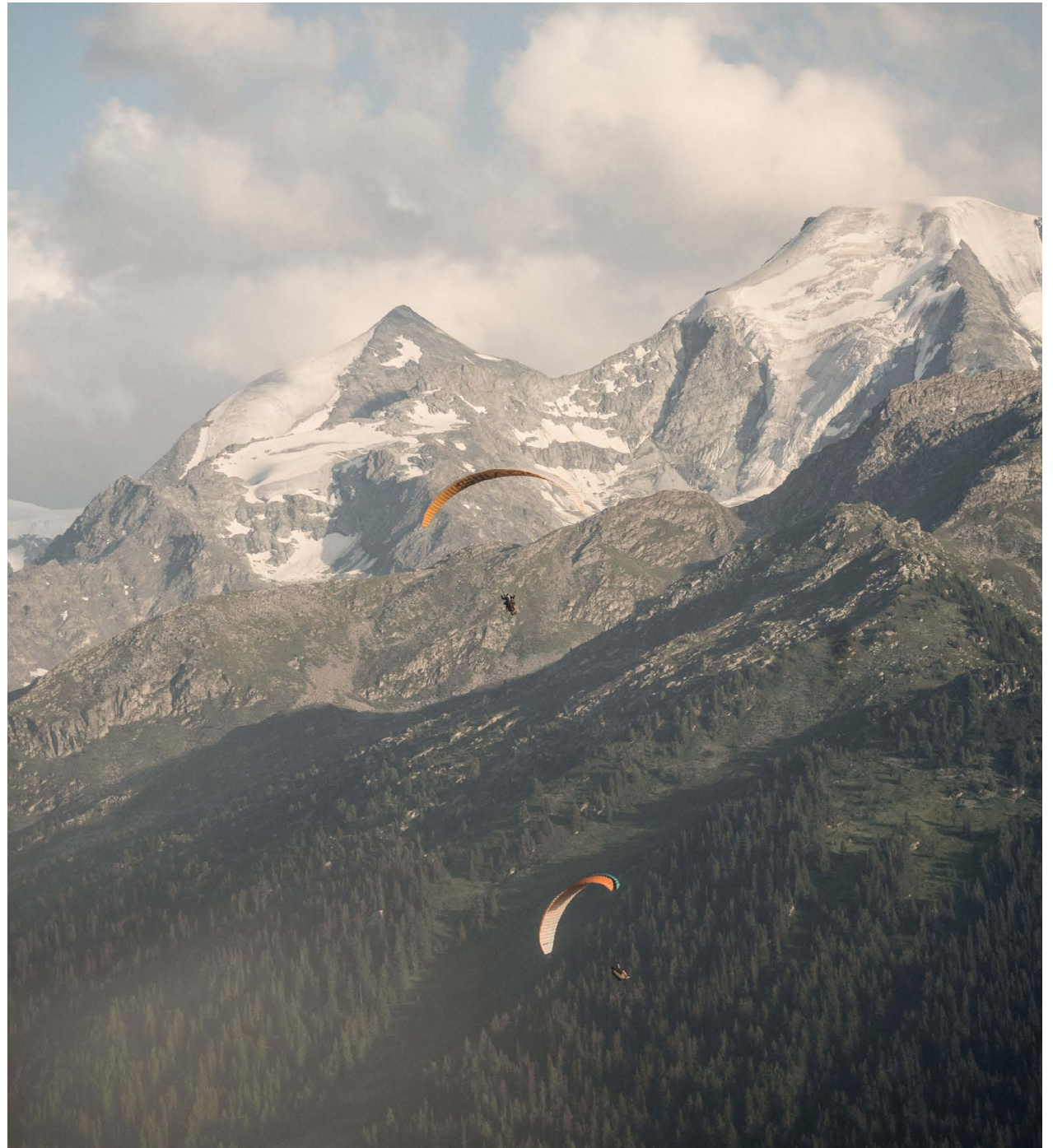


Escape to the serene Swiss Alps this July to experience our bespoke *Mountain Wellness Retreat* at Virgin Limited Edition's retreat, The Lodge, in Verbier. Sir Richard Branson's luxurious haven, surrounded by breathtaking peaks and tranquil alpine lakes, offers a transformative retreat blending relaxation, vitality, and self-discovery.

Immerse yourself in energising yoga, Pilates, and fitness sessions, complemented by mindfulness workshops and soothing spa treatments. Explore nature with guided hikes, guided e-biking routes, invigorating glacial lake swims, and thrilling adventures like paragliding and ziplining.

As you return to The Lodge's warm, inviting atmosphere, evenings are filled with delicious canapés and dinners on the terrace, where the golden hues of the sunset over the mountains create an inspiring setting.

This retreat is more than an escape; it's a renewal of energy, a celebration of wellbeing, and a chance to embrace transformation in an unforgettable setting.







MOUNTAIN WELLNESS RETREAT  
THE LODGE

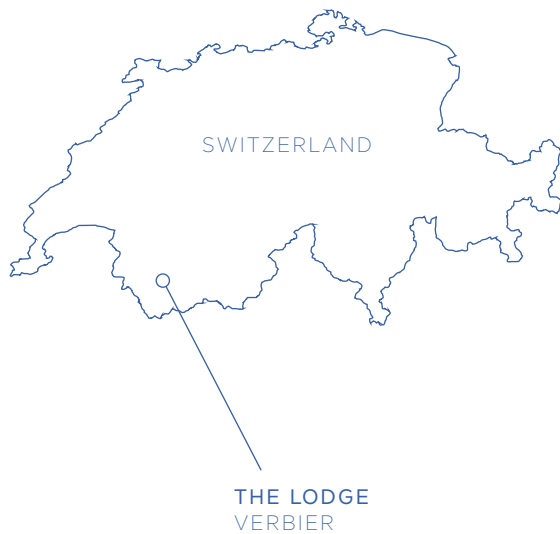


## THE LODGE

The Lodge is a stunning nine-bedroom mountain chalet in Verbier, Switzerland, one of the most exclusive resorts in the Alps. During the summer months, the Alps transform into a playground for hiking, biking, and fitness enthusiasts, offering endless activities and experiences with panoramic vistas. Those seeking a more relaxed pace can explore the quaint villages nearby or simply indulge in The Lodge's serene surroundings.

### LOCATION

Located at an altitude of 1,500m in the Valais region of south-western Switzerland, 51 miles east of Geneva. The Lodge is five minutes from Verbier, and 250m from the Medran lift station.



### OVERVIEW

- Nine rooms and suites
- Indoor heated pool
- Indoor and outdoor hot tubs
- Outdoor cold plunge tub
- Gym
- Spa
- Games room
- Lounge area

### GETTING HERE

- Geneva International Airport is the nearest, about a 2-hour drive to The Lodge
- Swiss trains offer a fast, scenic route from Geneva to Martigny (*pickups can be arranged*) or Le Châble (*15-minute drive*)
- Geneva Airport has direct flights from New York City and major European hubs
- Zurich Airport is another option, about a 3-hour drive to The Lodge

### DINING

The Lodge highlights Swiss and international cuisine, making dining a key part of your stay. Meals during our mountain wellness retreat will feature delicious, health-focused menus crafted by Michelin-trained chefs. Dine al fresco on our terrace when the weather allows or indoors at our elegant communal dining table for 18. Dietary needs will be catered for, with fine wines served at dinner during wellness week and refreshing non-alcoholic beverages available throughout your stay.

### ACCOMMODATION

*Nine bedrooms and suites sleep up to 14 guests at our Mountain Wellness Retreat.*

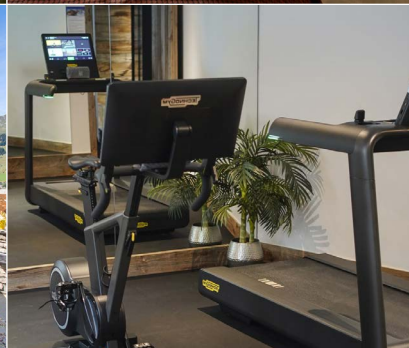
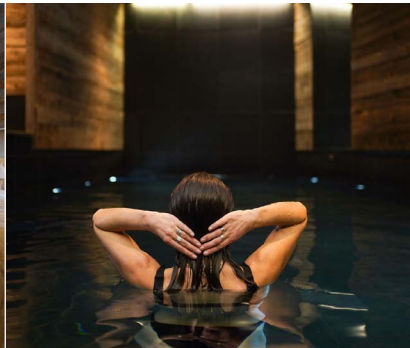
x 2 Master Suites | 41-47 m<sup>2</sup>  
Single occupancy

x 3 Bedrooms | 17-29 m<sup>2</sup>  
Two single occupancy | One twin occupancy

x 4 Large Bedrooms | 28-33 m<sup>2</sup>  
Twin occupancy









A scenic landscape photograph featuring two cyclists riding on a dirt path in a mountainous region. The cyclists are positioned in the lower middle ground, riding away from the viewer. The foreground is filled with lush green grass and wildflowers. The background is dominated by large, rugged mountains with significant snow cover under a cloudy sky. The overall atmosphere is serene and adventurous.

MOUNTAIN WELLNESS RETREAT  
ITINERARY



### THURSDAY 10 JULY 2025

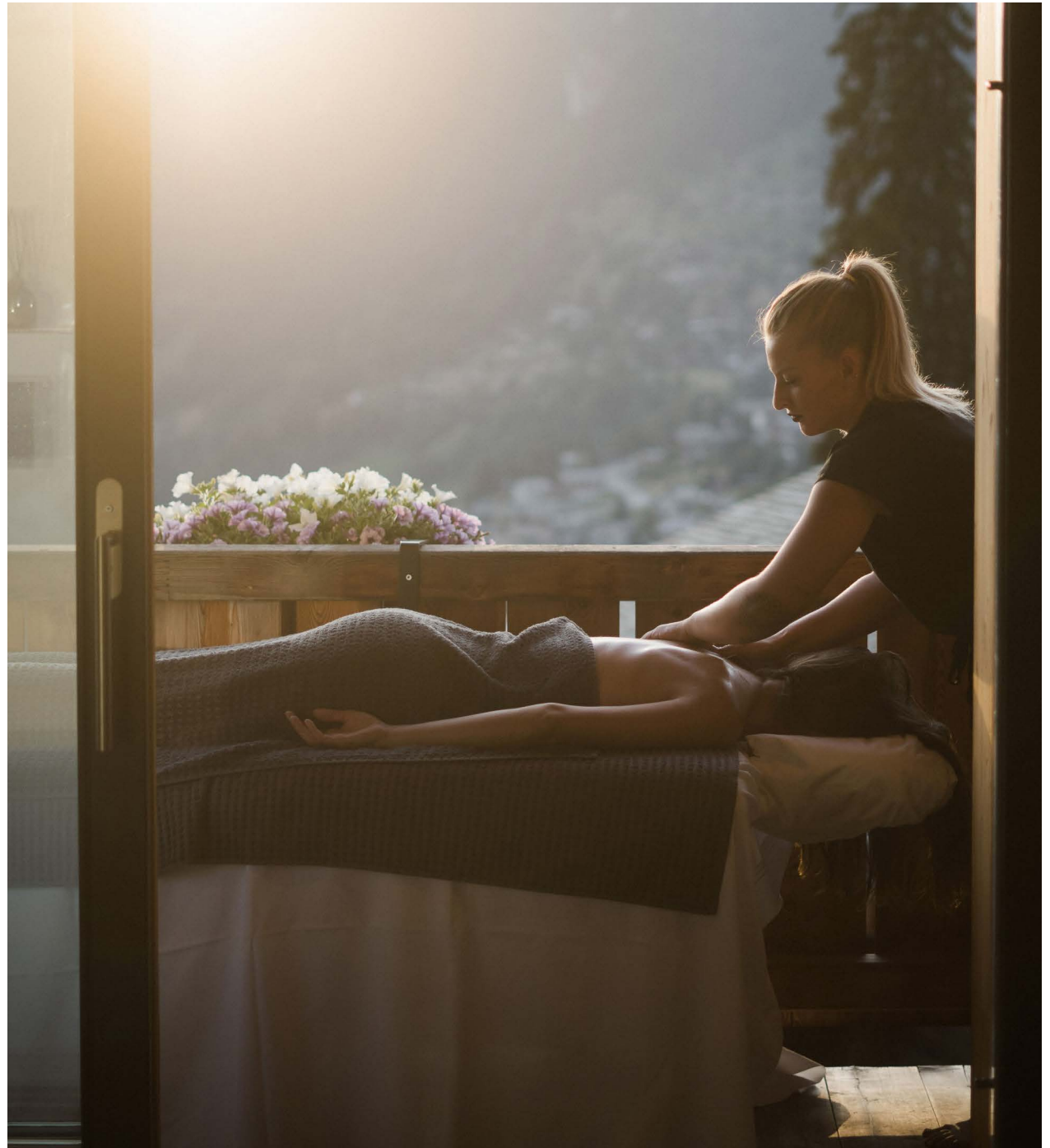
WELCOME INTRODUCTION TO THE RETREAT

- 15:00 - 17:00 Arrive at The Lodge, Verbier
- 17:00 Tour of The Lodge  
Introduction to the retreat
- 18:00 - 19:00 Relaxation yoga class
- 19:45 Canapés
- 20:15 Dinner

### FRIDAY 11 JULY 2025

DAY ONE

- 07:00 - 08:00 Morning yoga class
- 08:00 - 09:30 Breakfast
- 10:00 - 11:00 Fitness class
- 12:00 Lunch on the terrace
- 13:30 - 15:30 Paragliding *or* a  
cheesemaking class at the  
local laiterie
- 17:00 - 19:30 Spa treatment *or* a chance  
to sit back and relax
- 19:30 Canapés
- 20:00 Dinner





**SATURDAY 12 JULY 2025**

DAY TWO

- 07:00 - 08:00 Sound bath meditation class
- 08:00 - 09:30 Breakfast
- 10:00 - 12:30 Guided mountain hike with local expert to the lake for a glacial lake ice swim *(if you dare!)*
- 12:30 Backpack picnic lunch up the mountains
- 13:00 - 15:00 Hike back to The Lodge
- 15:00 - 17:00 Personal development workshop
- 17:00 - 19:00 Spa treatment **or** a chance to sit back and relax
- 19:30 Canapés
- 20:00 Al fresco dinner on the terrace

**SUNDAY 13 JULY 2025**

DAY THREE

- 07:00 - 08:00 Pilates class
- 08:00 - 09:30 Breakfast
- 09:30 - 12:30 Guided e-bike tour
- 12:30 Mountain-top picnic lunch
- 14:30 - 16:00 Mont Fort zipline **or** paragliding
- 16:30 - 17:30 Guided meditation class *(if you'd like to book)*
- 17:30 - 19:00 Spa treatment **or** a chance to sit back and relax
- 19:30 Canapés
- 20:00 Dinner





**MONDAY 14 JULY 2025**  
DEPARTURE DAY

- 07:00 - 08:00 Fitness class
- 08:15 - 09:15 Relaxation yoga class
- 09:30 - 11:00 Brunch
- 11:00 Time to say goodbye







MOUNTAIN WELLNESS RETREAT  
RATES

# VERBIER



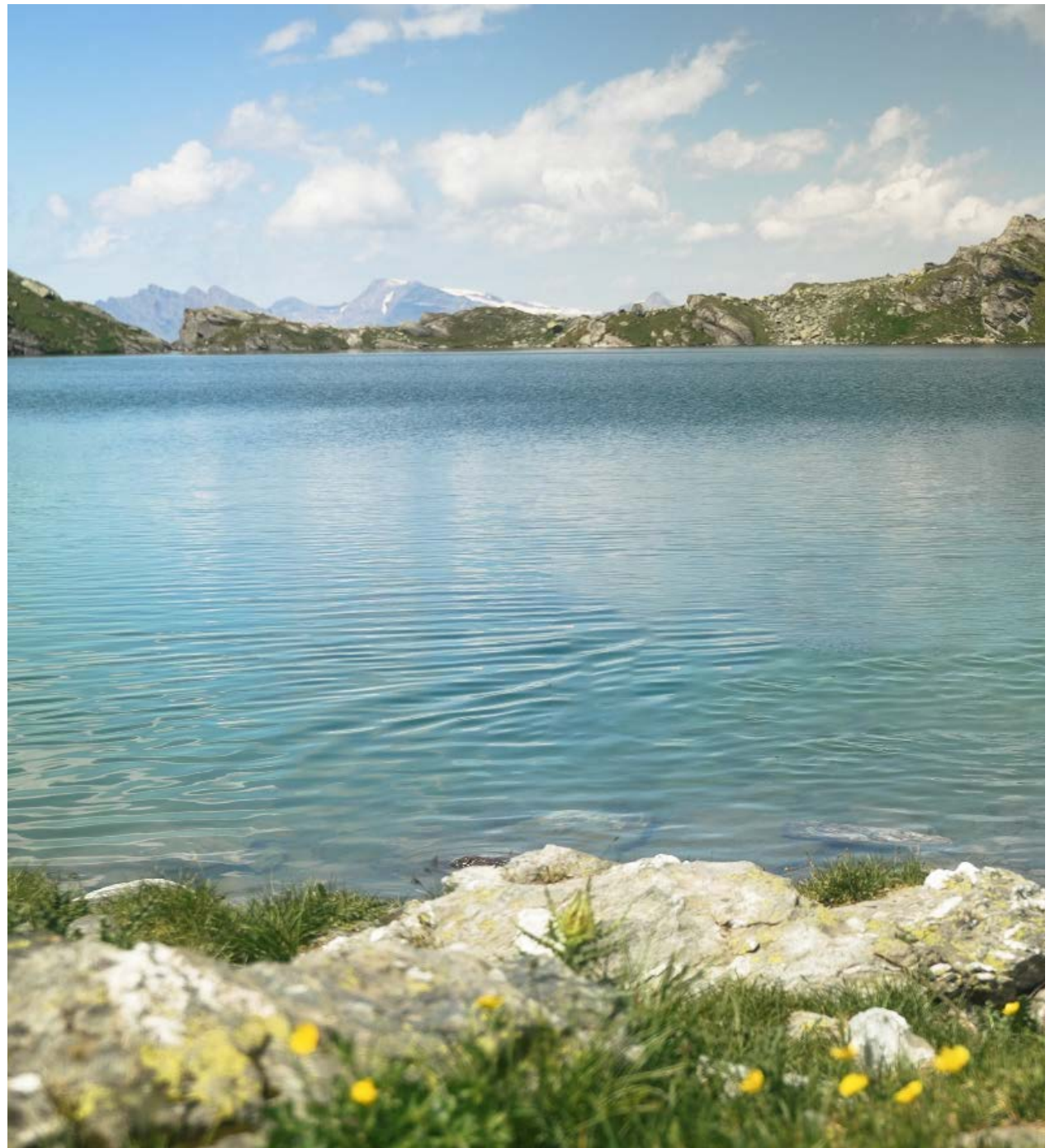
## Thursday 10 July - Monday 14 July 2025

OCCUPANCY	COST
Single	CHF 5,915 <i>per person</i>
Double <i>Twin beds sharing a room</i>	CHF 3,315 <i>per person</i>

EXTRAS	COST
E-bike hire	CHF 130
Mont Fort zipline	CHF 90
Cheesemaking class	CHF 50
Paragliding	CHF 190
Individual mindfulness class	CHF 200 <i>per class</i>
Spa treatment	CHF 180-200 <i>per treatment</i>

*All rates are priced in Swiss Francs*





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