



CHYULU SPA

AT FINCH HATTONS



WELCOME

Relax, rejuvenate and refresh yourself at the Chyulu Spa, a haven of harmony and tranquillity for restoring and aligning body, mind and soul.

Nestled within this serene spa oasis are first-class amenities that promote relaxation, a yoga deck, two climate-controlled treatment rooms, an indulgent infinity spa pool, both indoor and outdoor shower facilities, a state-of-the-art gym, a rejuvenating hammam, and a relaxation area.

Our treatments draw inspiration from the tranquility of our surroundings, the richness of indigenous ingredients, the wisdom of ancient Africa, and the latest in modern expertise. Each session is expertly administered by our skilled therapists, ensuring an experience of unparalleled luxury and rejuvenation.

All our treatments can be tailored to your individual needs and made bespoke depending on the needs of your body, so feel free to chat with one of our therapists. You can also reach out to any member of the team or call **0716 021 818** to book directly – or even better, get in there early and book before you arrive with our reservations team.

Please arrive at least 10 minutes before your appointment so you can start relaxing. The indicated duration of your treatment always includes a consultation.

Finally, please leave your phone on silent in the wellness area.

The Chyulu Spa is open from 10am to 8pm.

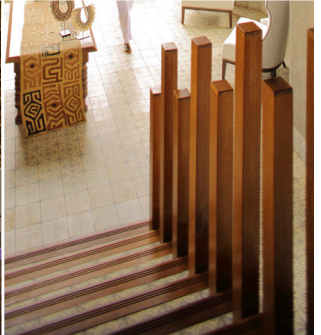
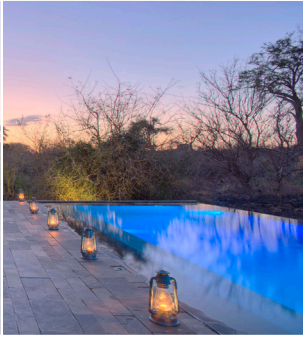
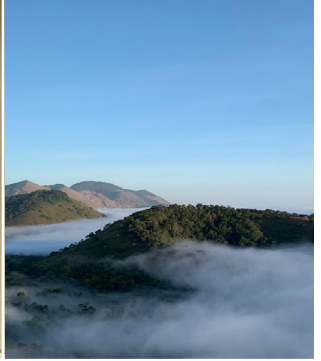
Treatments are not included in the tent rates and are priced in U.S. dollars.

Couples receive 10% off all treatments.

The treatment time stated includes a consultation, so please arrive on time for your treatment as in busier periods we will not be able to extend the session.

If you are unable to make your appointment, please let a member of the team know the day before. A 100% cancellation charge will apply for any appointments cancelled on the same day.

Please note that treatments are subject to availability and prices are subject to change without notice.



OUR PRODUCTS

We use a range of products from **D'VINE** in our treatment room. The products are crafted with the finest natural oils, butters and botanicals.

Our range includes:

AWAKEN

Based on a stimulating blend of orange and bergamot, along with energising rosemary, this combination of essential oils stimulates and recharges the senses, boosts circulation, and uplifts your mood. The overall aim is to restore vitality and energise the mind and body.

RELAX

Based on a unique combination of ethically wild-harvested lavender, ylang ylang, and rose geranium essential oils, this blend is meticulously formulated to combat stress with the overall aim to restore harmony to the body, mind, and soul.

SOOTHE

Based on the comforting properties of ethically wild-harvested eucalyptus, lavender, rosemary, and frankincense essential oils, this blend relieves aches and pains, releases soothing vapours, and eases heaviness. The overall aim is to instill a sense of wellness.

We are honoured to be partnered with **Africa Yoga Project** (AYP); our yoga instructors are graduates of the renowned AYP programme. The course is a 200-hour Yoga Alliance-certified teacher training that certifies holders to teach a one hour yoga class based on the Baptiste methodology.

SIGNATURE TREATMENTS

Each signature experience begins with a calming foot ritual on Mzima stones. This is followed by gentle welcome “touch” called the “Walk of the Elephants” and is completed with the chime of a bell - a journey that creates a deep sense of inner calm.

The Chyulu Experience

120 mins - \$180

The treatment begins with a full body exfoliation followed by a luxurious body mask formulated with mineralised clay and deeply nourishing oils, designed to leave skin feeling soft, smooth and supple. This is followed by a 15 minute hamman and finishes with our deep tissue Oringa (Maasai Rungu or wooden baton) body massage.



Full Body Exfoliation

45 mins - \$80

A revitalising sea-salt body scrub with deeply moisturising oils of yangu & baobab, shea butter and aloe vera extract that exfoliates whilst softening and nourishing the skin.



Nourishing Body Mask

45 mins - \$50

With mineralised clay and deeply nourishing yangu, baobab, aloe vera and shea, this luxurious body mask helps to induce feelings of relaxation, stimulates lymphatic flow leaving the skin feeling soft, smooth and supple.



BODY CARE

MAASAI ORINGA MASSAGE

90 mins - \$140

The "Oringa" (Maasai rungu or wooden baton carved from the Eucalyptus tree) bears special symbolism and significance in the Maasai culture. The Oringa is used to apply deep pressure, roll and knead tissue to create a sensation of relaxation and well-being. This treatment is performed with natural aromatherapy oils and is excellent for reaching tired or painful muscles.

SOUL OF TSAVO

60 mins - \$100

Our signature massage combines the use of rhythmic hand movements and warmed poultices filled with volcanic healing pumice and sand obtained from our Chyulu Hills to gently ease tension and tightness.

MZIMA WARMED LAVA STONE MASSAGE

60 mins - \$110

Warm lava stones retrieved from the Mima Springs release therapeutic heat deep into the muscles warming, relieving and soothing aching muscles. A deep tissue treatment that is perfect for breaking up knots and tension.

SIDAI MASSAGE

45 mins (back, neck & shoulder) - \$80 | 60 mins (full body) - \$100 |

90 mins (full body) - \$140

A holistic treatment that is based on the psychological and physical benefits of essential oils. Swedish and deep tissue massage techniques are designed to relax the muscles, ease tension, improve circulation and promote general well-being.

FACIAL CARE

MZIMA SPRING FACIAL

60 mins - \$100

A deeply hydrating and lifting facial. It involves cleansing, gentle exfoliation, and a signature facial massage with a multi-active skin renewing serum that infuses skin with essential nutrients that increase hydration, plumpness and firmness while helping to soothe and repair the skin's barrier.

BEAUTY ESSENTIALS

MZIMA HAND & FOOT RITUAL

45 mins manicure - \$70 | 45 mins pedicure - \$70

A soothing, softening spa therapy for the hands and feet that is designed to brighten, condition and soften skin.

FOOT REFLEXOLOGY

30 mins - \$50 | 60 mins - \$100

Based on the ancient philosophy that specific points on the feet correspond with organs in the body, this traditional reflexology massage unblocks the energy channels to create harmony and aid general wellness.



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Virgin LIMITED
EDITION